## **CALLING ALL SENIORS**





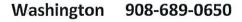
At one of our Nutrition Centers and enjoy a lunch on us with the coupon below.

Please call 24 hours in advance to schedule your meal and transportation if needed.

Transportation is available to ALL locations.

## YOU ARE THE FUTURE OF THE SENIOR NUTRITION CENTERS





Hackettstown 908-850-5438

North Warren 908-496.4001

**Phillipsburg** 908-859-2423





Over age 60- \$3.00/ meal

Under age 60-\$6.00/meal



Physical Activity-\$1.00 (Registration required)

Our staff can assist you with the registrations.



CALL 908-475-6591 OR VISIT OUR COUNTY WEBSITE AT <a href="www.warrencountynj.gov">www.warrencountynj.gov</a> FOR A MENU AND CALENDAR OF EVENTS, PRESENTATIONS AND ONSITE EXERCISE CLASSES OF TAI CHI, CHAIR YOGA AND ZUMBA.

Can't get out of your home, easily fatigued, no caregiver or family support

## **NO WORRIES**

Our Meals At Home Program can bring you a meal. Call 908-475-6591 for more details.

Volunteers are needed to deliver to homebound individuals in all areas.

This coupon is valid for one free meal at a Warren County

Nutrition Center of your choice on us!