

CALLING ALL SENIORS



At one of our Nutrition Centers and enjoy a lunch on us with the coupon below.

Please call 24 hours in advance to schedule your meal and transportation if needed.

Transportation is available to ALL locations.

YOU ARE THE FUTURE OF THE SENIOR NUTRITION CENTERS



Washington 908-689-0650

Hackettstown 908-850-5438

North Warren 908-496.4001

Phillipsburg 908-859-2423



SUGGESTED DONATIONS

Over age 60- \$3.00/ meal

Under age 60- \$6.00/meal

Transportation- \$1.00 (Registration required)

Physical Activity-\$1.00 (Registration required)

Our staff can assist you with the registrations.



CALL 908-475-6591 OR VISIT OUR COUNTY WEBSITE AT www.warrencountynj.gov FOR A MENU AND CALENDAR OF EVENTS, PRESENTATIONS AND ONSITE EXERCISE CLASSES OF TAI CHI, CHAIR YOGA AND ZUMBA.

Can't get out of your home, easily fatigued, no caregiver or family support

NO WORRIES

Our Meals At Home Program can bring you a meal. Call 908-475-6591 for more details.

Volunteers are needed to deliver to homebound individuals in all areas.

This coupon is valid for one free meal at a Warren County Nutrition Center of your choice on us!